

# Office Visit Prep Tool



BROVANA® (arformoterol tartrate) Inhalation Solution is a medicine called a long-acting beta<sub>2</sub>-adrenergic agonist, or LABA. BROVANA is used long term, twice a day (morning and evening), in controlling symptoms of chronic obstructive pulmonary disease (COPD), including chronic bronchitis and/or emphysema. BROVANA is for inhalation use only through a standard jet nebulizer connected to an air compressor and should not be swallowed or injected.

Please see Important Safety Information, including **BOXED WARNING**, for BROVANA on the last page, and full [Prescribing Information](#) and [Medication Guide](#) at [www.BROVANA.com](http://www.BROVANA.com).



Print and complete this guide and take it with you to your next doctor visit. You can use your answers as conversation starters, or simply show them to your doctor.

Answering these questions may help you and your doctor determine how well your COPD treatment plan is working for you.

## CURRENT SYMPTOMS

1. How often do you experience the following symptoms?

Wheezing	<input type="radio"/> Never	<input type="radio"/> Sometimes	<input type="radio"/> Most days	<input type="radio"/> Every day
Coughing	<input type="radio"/> Never	<input type="radio"/> Sometimes	<input type="radio"/> Most days	<input type="radio"/> Every day
Chest tightness	<input type="radio"/> Never	<input type="radio"/> Sometimes	<input type="radio"/> Most days	<input type="radio"/> Every day
Shortness of breath	<input type="radio"/> Never	<input type="radio"/> Sometimes	<input type="radio"/> Most days	<input type="radio"/> Every day
Bringing up mucus	<input type="radio"/> Never	<input type="radio"/> Sometimes	<input type="radio"/> Most days	<input type="radio"/> Every day

2. Over the past 3 months, your symptoms have:

Improved     Worsened     Stayed the same     Not Sure

## RESCUE MEDICATION

3. Do you use a rescue inhaler? (for sudden symptoms)

Yes     No     Not sure

[If you're using a rescue inhaler, answer questions 4-5. If not, skip to the MAINTENANCE MEDICATION section.]

4. If you're using a rescue inhaler, how often do you use it?

Once a week or less     More than once a week     Once a day     Twice a day or more

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## RESCUE MEDICATION *(continued)*

5. Do you feel that you're using your rescue inhaler device as instructed/prescribed (for sudden symptoms of COPD)?

Yes     No     Not sure



*If you're using your rescue inhaler more often than usual, ask your doctor if a maintenance medication like BROVANA would be appropriate for you. BROVANA does not relieve sudden symptoms of COPD. Always have a rescue inhaler medicine with you to treat sudden symptoms.*

## MAINTENANCE MEDICATION

*[If you're already taking BROVANA, skip to question 8.]*

6. Do you take a maintenance medication for your COPD symptoms?  
(With these medicines, the prescription has you take it either once or twice every day)

Yes     No     Not sure

7. Are you aware of the different maintenance therapy and device options for COPD that may be appropriate for your condition?

Yes     No     Not sure



*If your COPD symptoms have worsened and you aren't taking a maintenance medication, ask your doctor if a twice-daily nebulized maintenance medication like BROVANA would help to control your symptoms of COPD. Make sure to ask about the risk and common side effects of BROVANA.*

*[If you're already taking BROVANA, continue here.]*

8. Do you continue to take BROVANA twice a day, even when you're feeling good?

Yes     No     Not sure

9. Do you have any additional questions for your doctor about your BROVANA treatment?

Yes     No     Not sure

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## Additional information

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Write down any questions or concerns you may have, such as side effects you may be experiencing, and list any other medications you're currently taking, including over-the-counter medicines, vitamins, and herbal supplements:

Show your completed **Office Visit Prep Tool** to your doctor at your next appointment to help start your conversation about COPD.

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## INDICATION AND IMPORTANT SAFETY INFORMATION

### INDICATION

BROVANA® (arformoterol tartrate) Inhalation Solution is a medicine called a long-acting beta<sub>2</sub>-adrenergic agonist, or LABA. BROVANA is used long term, twice a day (morning and evening), in controlling symptoms of chronic obstructive pulmonary disease (COPD), including chronic bronchitis and/or emphysema. BROVANA is for inhalation use only through a standard jet nebulizer connected to an air compressor and should not be swallowed or injected.

### IMPORTANT SAFETY INFORMATION

**BROVANA has been approved for COPD only and is NOT indicated for the treatment of asthma. People with asthma who take long-acting beta<sub>2</sub>-adrenergic agonist (LABA) medicines such as BROVANA have an increased risk of death from asthma problems. It is not known if LABA medicines, such as BROVANA, increase the risk of death in people with COPD.**

BROVANA does not relieve sudden symptoms of COPD and should not be used more than twice a day. Always have a short-acting beta<sub>2</sub>-agonist with you to treat sudden symptoms.

Use BROVANA exactly as your health care provider tells you to use it. Do not use BROVANA more often than it is prescribed for you or with other LABA medicines. Do not stop using BROVANA or other medicines to control or treat your COPD unless told to do so by your health care provider because your symptoms might get worse. Your health care provider will change your medicines as needed.

Get emergency medical care if your breathing problems worsen quickly, if you need to use your rescue medication more often than usual, or if your rescue medication does not work as well to relieve your symptoms.

Do not use BROVANA if you are allergic to arformoterol tartrate, or any of the ingredients in BROVANA, or have asthma without using a long-term asthma control medicine. Ask your health care provider if you are not sure.

Tell your health care provider about all of your health conditions, including if you:

- Have heart problems
- Have high blood pressure
- Have seizures
- Have thyroid problems
- Have diabetes
- Have liver problems
- Are pregnant or planning to become pregnant
- Are breastfeeding or plan to breastfeed
- Are allergic to BROVANA or any of its ingredients, any other medicines, or food products

Tell your health care provider about all the medicines you take, including prescription and non-prescription medicines, over-the-counter medicines, vitamins, and herbal supplements. BROVANA and certain other medicines may interact with each other. This may cause serious side effects.

Especially tell your health care provider if you take LABA medicines (including formoterol, salmeterol, vilanterol, indacaterol, olodaterol).

BROVANA can cause serious side effects, including:

- Sudden shortness of breath immediately after use of BROVANA
- Increased blood pressure
- Fast or irregular heartbeat
- Serious allergic reactions, including rash; hives; swelling of the tongue, lips, and face; and difficulties breathing or swallowing. Call your health care provider or get emergency medical care if you get any symptoms of a serious allergic reaction

Common side effects of BROVANA include: chest or back pain, diarrhea, sinus congestion, headache, tremor, nervousness, leg cramps, high blood potassium, shortness of breath, rash, fever, increased white blood cells, vomiting, tiredness, leg swelling, chest congestion or bronchitis.

These are not all the possible side effects with BROVANA. Tell your health care provider if you get any side effect that bothers you or that does not go away.

BROVANA should not be swallowed or injected. BROVANA is for inhalation only through a standard jet nebulizer connected to an air compressor. Do not mix other medicines in your nebulizer.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch) or call 1-800-FDA-1088.

This information is not comprehensive.

How to get more information:

- Talk to your health care provider
- Visit [www.BROVANA.com](http://www.BROVANA.com) to obtain the FDA-approved product labeling
- Call 1-844-BROVANA (276-8262)

For additional information, please see the full **Prescribing Information**, including **BOXED WARNING** and **Medication Guide** for BROVANA or visit [www.BROVANA.com](http://www.BROVANA.com).

